

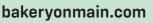






REAL EXCELLENT

> Bakeryo ON MAIN DRGANIC DAY PROBIOTIC AD S ANCIENT GRAINS NU SUGAR · Premium Oatmeal · CRIA & FLAT



serving suggestion

Life is

EASY .









We make it easy for consumers to eat safely by being third-party certified and only using the cleanest, most wholesome, and nutritious ingredients in our products.

NON-GMO PROJECT VERIFIED

NO ARTIFICIAL SWEETENERS. FLAVORS, OR COLORS

MADE IN A DEDICATED **GLUTEN-FREE FACILITY**

MADE WITH CLEAN INGREDIENTS

MADE EXCLUSIVELY WITH PURITY PROTOCOL DATS

PLANT-BASED PRODUCTS

• Made with amaranth, guinoa, chia and flax seeds

- 200 calories per packet
- 5g or more of fiber
- 33g or more Whole Grains
- Excellent source of ALA (an Omega-3)

FASY



Nutrition **Facts**

6 servinas Serving size 1 packet (50g)

Calories 200

Almonds, Walnuts & Soy

OUR STORY

Since 1992, we've prided ourselves on our ability to craft incredibly **delicious** gluten-free and celiac-friendly granola. It's our belief that everyone should be able to enjoy food that doesn't sacrifice taste for **wholesomeness**, or indulge in a snack that's filling, **nutritious**, and fits perfectly within any individualized dietary wants and needs.

Bakery On Main promises simple, effortless eating, on anybody's terms.

WITH BAKERY ON MAIN, LIFE IS EASY ON MAIN STREET.



Maple Multigrain Muffin

Apple Pie

Nutritic Facts

6 servinas Serving size 1 packet (50g)

Calories 2

INGREDIENTS: W Flavors, Chia See

Processed on Equip Almonds Walnuts & Sov

> % Daily Value Amount per serving % Daily Value * Amount per serving Total Fat 4g 5% Sodium Omg 0% Sat. Fat 0.5g 3% Total Carb. 32g 12% Trans Fat 0g Dietary Fiber 6q 20% Polyunsat. Fat 2g Total Sugars 0g Monounsat. Fat 1g Incl. 0g Added Sugars 0% Cholest. 0mg 0% Protein 8g WHOLI Vitamin D 0mcg 0% · Calcium 30mg 2% · Iron 2.4mg 15% Potassium 220mg 4%

Nutrition Facts 6 servings Serving size 1 packet (50g) Calories 200 INGREDIENTS: Whole Grain Oats, Flax Meal, Chia Seeds, Quinoa

Unsweetened

ANCIENT GRAIN & SEED

SUPERFOOD

UNSWEETENED

GF $\mathcal{V} = \mathbf{O}$

OUR FOUNDER

SUPERFOOD INSTANT DATMEAL PACKETS





Natural Flavors, Chia Seeds, Cinnamon, Quinoa, Amaranth, Sea Salt.

Processed on Equipment that also Processes:



-	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *]
on	Total Fat 4g	5%	Sodium 40mg	2%	
	Sat. Fat 0.5g	3%	Total Carb. 35g	13%	
	Trans Fat 0g		Dietary Fiber 5g	17%	
	Polyunsat. Fat	2g	Total Sugars 10	g	
)	Monounsat. Fa	at 1g	Incl. 10g Adde	d Sugars 21%	
	Cholest. 0mg	0%	Protein 7g		C
200	Vitamin D 0mcg 0 Potassium 180m		80mg 2% • Iron 1.9	mg 10%	Minimum and a second se
eds, Ma	rain Oats, Cane Sug ple Sugar, Quinoa, A nt that also Process	maranth, Sea Sa			

Processed on Equipment that also Processes: Almonds, Walnuts & Soy



SUPERFOOD INSTANT DATMEAL PACKETS



Strawberry Shortcake



Blueberry Scone

	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Nutrition	Total Fat 4g	5%	Sodium 40mg	2%
Facts	Sat. Fat 0.5g	3%	Total Carb. 35g	13%
6 servings	Trans Fat 0g		Dietary Fiber 5g	17%
Serving size	Polyunsat. Fat 2	2g	Total Sugars 11g	
1 packet (50g)	Monounsat. Fat	1g	Incl. 10g Added S	Sugars 20%
Colorioo	Cholest. Omg	0%	Protein 7g	
Calories 200	Vitamin D 0mcg 09 Potassium 180mg		30mg 2% • Iron 1.9mg	g 10%

INGREDIENTS: Whole Grain Oats, Cane Sugar, Flax Meal, Freeze Dried Strawberries, Chia Seeds, Quinoa, Amaranth, Natural Flavors, Sea Salt,

Processed on Equipment that also Processes: Almonds, Walnuts & Soy



	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Nutrition	Total Fat 3.5g	5%	Sodium 40mg	2%
Facts	Sat. Fat 0.5g	3%	Total Carb. 36g	13%
6 servings	Trans Fat 0g		Dietary Fiber 5g	16%
Serving size	Polyunsat. Fat 1	l.5g	Total Sugars 11g	
1 packet (50g)	Monounsat. Fat	1g	Incl. 11g Added	Sugars 21%
Oslavias	Cholest. Omg	0%	Protein 7g	
Calories 200 per serving	Vitamin D 0mcg 09 Potassium 190mg		30mg 2% • Iron 1.9mg	g 10%

INGREDIENTS: Whole Grain Oats, Cane Sugar, Flax Meal, Chia Seeds, Freeze Dried Blueberries, Natural Flavors, Quinoa, Amaranth, Sea Salt.

Processed on Equipment that also Processes: Almonds, Walnuts & Soy



ANCIENT GRAIN & SEED SUPERFOOD VARIETY PACE SINGLAN Colmed	ANCIENT GRAIN B SEED SUPERFOOD VARIETY PACE		Bab	wain Salar	
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MARLES APPLE FLANDES SUBJECT OF LAND	MARE BARE		- Unstan	(Gacua raceau	
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		GOOD SOURCE	Cherry I	201	A Moin S





Variety Pack

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35228'

APPLE PIE

Nutritio Facts

2 servings per container Serving size 1 packet (50g)

Calories 2

INGREDIENTS: Whole Grain Oats, Cane Sugar, Flax Meal, Dried Apples, Natural Flavors, Chia Seeds, Cinnamon, Quinoa, Amaranth, Sea Salt.

Processed on Equipment that also Processes: Almonds, Walnuts & Soy

MAPLE MULTIGRAIN MUFFIN

Nutritio Facts

2 servings per container Serving size 1 packet (50g)

Calories 2

INGREDIENTS: Whole Grain Oats, Cane Sugar, Flax Meal, Natural Flavors, Chia Seeds, Maple Sugar, Quinoa, Amaranth, Sea Salt.



SUPERFOOD INSTANT DATMEAL PACKETS

STRAWBERRY SHORTCAKE

	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Nutrition	Total Fat 4g	5%	Sodium 40mg	2%
Facts	Sat. Fat 0.5g	3%	Total Carb. 35g	13%
2 servings	Trans Fat 0g		Dietary Fiber 5g	17%
per container	Polyunsat. Fat	2g	Total Sugars 11g	
Serving size	Monounsat. Fat	: 1g	Incl. 10g Added	Sugars 20%
1 packet (50g)	Cholest. Omg	0%	Protein 7g	
Calories 200	Vitamin D 0mcg 0 ^r Potassium 180mg		30mg 2% • Iron 1.9mg	g 10%

INGREDIENTS: Whole Grain Oats, Cane Sugar, Flax Meal, Freeze Dried Strawberries, Chia Seeds, Quinoa, Amaranth, Natural Flavors, Sea Salt.

Processed on Equipment that also Processes: Almonds, Walnuts & Soy

	Amount per serving	% Daily Value *	Amount per serving % Daily	Value *
n	Total Fat 3.5g	5%	Sodium 40mg	2%
	Sat. Fat 0.5g	3%	Total Carb. 36g	13%
	Trans Fat 0g		Dietary Fiber 5g	18%
	Polyunsat. Fat 1.	.5g	Total Sugars 11g	
	Monounsat. Fat	1g	Incl. 10g Added Sugars	21%
	Cholest. 0mg	0%	Protein 6g	
00	Vitamin D 0mcg 0%		30mg 2% • Iron 1.9mg 10%	

Potassium 170mg 4%

	Amount per serving	% Daily Value *	Amount per serving % Daily	Value *
on	Total Fat 4g	5%	Sodium 40mg	2%
	Sat. Fat 0.5g	3%	Total Carb. 35g	13%
	Trans Fat 0g		Dietary Fiber 5g	17%
	Polyunsat. Fat 2	2g	Total Sugars 10g	
	Monounsat. Fat	1g	Incl. 10g Added Sugars	21%
	Cholest. Omg	0%	Protein 7g	
200	Vitamin D 0mcg 0 Potassium 180mg		30mg 2% • Iron 1.9mg 10%	

WHOLE GRAIN

Processed on Equipment that also Processes: Almonds, Walnuts & Soy







DRGANIC PROBIOTIC HOT CEREAL CUPS

- 5g or more of fiber
- 36g or more Whole Grains
- 10g protein (Almond Vanilla flavor only)
- Made with probiotic cultures
- Good source of ALA (Oats & Ancient Grains, Cranberry Almond Apple, Walnut Banana flavors only)



Walnut Banana

	Amount per serving % Dail	y Value *	Amount per serving % Daily	/ Value *	
Nutrition	Total Fat 6g	8%	Sodium Omg	0%	
Facts	Sat. Fat 1g	4%	Total Carb. 36g	13%	
1 servings	Trans Fat 0g		Dietary Fiber 5g	17%	
Serving size	Polyunsat. Fat 3.5g		Total Sugars 10g		
1 container (54g)	Monounsat. Fat 1.5g		Incl. 8g Added Sugars	17%	
	Cholest. 0mg	0%	Protein 7g		
Calories 220	Vitamin D 0mcg 0% · Calcium 30mg 2% · Iron 2mg 10% Potassium 240mg 6%				

INGREDIENTS: Organic Whole Grain Oats, Organic Cane Sugar, Organic Walnuts, Organic Flax Meal, Organic Dried Bananas, Natural Flavors, Organic Quinoa, Organic Molasses, Organic Cardamom, Organic Cloves, Organic Cinnamon, Organic Inulin, Bacillus coagulans GBI-306086. Contains: Walnuts

Processed on Equipment that also Processes: Almonds & Soy WARNING: MAY CONTAIN NUTSHELL FRAGMENTS





Nutrition **Facts**

1 servings Serving size 1 container (54g)

Calories 210

GBI-306086 Walnuts

No Sugar Added Oats & Ancient Grains



Cranberry Almond Apple

Nutrition	Amount per serving	% Daily Value *	Amount per serving % Dai	y Value *
	Total Fat 4g	5%	Sodium Omg	0%
Facts	Sat. Fat 0.5g	3%	Total Carb. 38g	14%
1 servings	Trans Fat 0g		Dietary Fiber 5g	18%
Serving size	Polyunsat. Fat 1.	5g	Total Sugars 12g	
1 container (54g)	Monounsat. Fat 1	.5g	Incl.11g Added Sugars	22%
Calories 210	Cholest. 0mg	0%	Protein 7g	

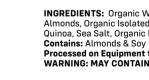
INGREDIENTS: Organic Whole Grain Oats, Organic Cane Sugar, Organic Sweetened Dried Cranberries (Organic Cranberries, Organic Cane Sugar, Organic Sunflower Oil), Organic Dried Apples, Organic Almonds, Organic Flax Meal, Natural Flavors, Organic Buckwheat, Organic Sprouted Chia Seeds, Organic Cinnamon, Organic Cardamom, Organic Inulin, Bacillus coagulans GBI-306086. Contains: Almonds

Processed on Equipment that also Processes: Soy & Walnuts WARNING: MAY CONTAIN NUTSHELL FRAGMENTS





Almond Vanilla





DRGANIC PROBIOTIC HOT CEREAL CUPS





WARNING: MAY CONTAIN NUTSHELL FRAGMENTS

	Amount per serving %	Daily Value *	Amount per serving % Da	ily Value *
Nutrition	Total Fat 4.5g	6%	Sodium 85mg	4%
Facts	Sat. Fat 0.5g	3%	Total Carb. 35g	13%
1 servings	Trans Fat 0g		Dietary Fiber 5g	17%
Serving size	Polyunsat. Fat 1.5	g	Total Sugars 11g	
1 container (54g)	Monounsat. Fat 2	3	Incl. 10g Added Suga	rs 19%
	Cholest. Omg	0%	Protein 10g	
Calories 210	Vitamin D 0mcg 0% Potassium 170mg 49		20mg 2% • Iron 2.1mg 10%	%

INGREDIENTS: Organic Whole Grain Oats, Organic Cane Sugar, Organic Almonds, Organic Isolated Soy Protein, Organic Vanilla Extract, Organic Quinoa, Sea Salt, Organic Inulin, Bacillus coagulans GBI-306086.

Processed on Equipment that also Processes: Walnuts WARNING: MAY CONTAIN NUTSHELL FRAGMENTS



serving suggestion

- Made with plant based protein
- 10G of Protein per serving
- 27g or more Whole Grains
- Good source of fiber

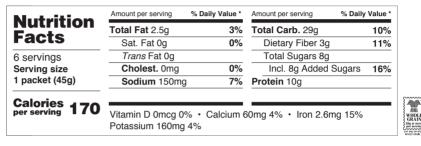








Blueberry



INGREDIENTS: Whole Grain Oats, Cane Sugar, Pea Protein Crisp (Pea Protein Isolate, Pea Startch, Rice Flour, Calcium Carbonate), Soy Protein Isolate, Dried Blueberries, Sea Salt, Natural Flavors. Contains: Soy

Processed on Equipment that also Processes: Almonds & Walnuts





Maple & Brown Sugar

	Amount per serving	% Daily Value *	Amount per serving % Da	ily Value *
Nutrition	Total Fat 2.5g	3%	Total Carb. 28g	10%
Facts	Sat. Fat 0g	0%	Dietary Fiber 3g	11%
6 servings	Trans Fat 0g		Total Sugars 9g	
Serving size	Cholest. 0mg	0%	Incl. 9g Added Sugars	i 18%
1 packet (45g)	Sodium 150mg	7%	Protein 10g	
Calories 170			Protein 10g 50mg 4% • Iron 2.6mg 15%	6
	Potassium 140mc	a 4%		

INGREDIENTS: Whole Grain Oats, Cane Sugar, Pea Protein Crisp (Pea Protein Isolate, Pea Starch, Rice Flour, Calcium Carbonate), Soy Protein Isolate, Brown Sugar, Natural Flavors, Maple Sugar, Sea Salt Contains: Soy

Processed on Equipment that also Processes: Almonds & Walnuts



AMD WHOL GRAD









If you love our Instant Oatmeal

THEN YOU'LL LOVE OUR OTHER AMAZING PRODUCTS...

ORGANIC Granola Bars ORIGINAL GRANOLA ROLLED OATS AND HOT CEREAL



bakeryonmain.com